

# COGAR!

Friday 19th January 2018

## School Starts At 9, Be On Time!

### Operation Transformation

Operation Transformation is in full swing as week 2 draws to a close. The sports council had a fantastic piece published in the Letterkenny Posts and the paper is delighted to give them a regular slot over the next few weeks.

All of the information\updates related to Operation Transformation is available on our Facebook page and on the school website so please go on-line to check out the amazing work that is happening throughout the school.

### Assembly

As part of week 2 of Operation Transformation the children and adults have been learning all about nutrition. After a great start to the week with Pat Brady (The Kitchen) each class had wonderful visitors to class this week to learn about health foods and how to make some new delicious dishes! Thank you to all the volunteers who took time to come into school this week and work with the children.

Niamh McDaid (nutritionist) is joining us for assembly this afternoon and we will let you know how it went in next week's cogar.

### School Car Park

As you may have noticed this morning our school car park gets very slippery in icy conditions! It is always the last resort to close the school so on mornings like this Áine and Jamie come to school before 8am to check the roads/car park.

They then decide if it is safe to open the school taking into consideration the safety of the pupils as the top priority. Áine needs to be sure

that the children can get into the school building safely and that cars/buses are safe to drive in the car park.

The decision to close is made by Áine and the chairperson, Paul Hannigan. A text would then be sent to all parents and a message given to Highland Radio.

However, it is important for us to remember that even when the school is open the conditions in the car park may still be difficult. Therefore, extra care and attention is needed on frosty mornings!

### Gaeilgeoir na Seachtaine:

Comhghairdeas le Tommy i Rang Verity, le Wiktorija i rang Louise, le Nashira i rang Rachel, le Maria i rang Jennifer, le Cyntia i rang Barbara, le Tori i rang Ciara, le Caragh i rang Nakita agus le Erika i rang Paul.

### Fun Friday!

Next week's Fun Friday is 'bring a treat'.

### Home School community Liaison (HSCL)

Happy Friday everyone!

### Couch to 5k:

It is great to see so many people signed up for the couch to 5k program! This week is the last week to sign up if anyone is still interested. Just come to me or Edwina and fill in a form. Please remember to bring water as you will be thirsty! See you all on Monday!

### 6<sup>th</sup> class information:

A letter with all the important dates has been given to your child today. Please keep a note of the dates relevant to your child's preferred secondary school. I will be sending an interest letter for the transition programme for parents on Tuesday. Please fill it in and return to school by Friday 26<sup>th</sup> of January if you're interested in attending. We need 7-10 people for the course to run.

### 3<sup>rd</sup> class:

Make one change- is an initiative I'll be running in 3<sup>rd</sup> class over the next 2 weeks. All information will be sent home on Monday with your child so please keep an eye out for this exciting initiative which focuses on families making 1 simple change in their lives.

If you have any queries or questions you can contact me on 086 7232894 or at [hsc1@letterkennyetns.ie](mailto:hsc1@letterkennyetns.ie)  
Lisa ☺

### **PSA**

All parents/guardians are members of our school community and are therefore automatically members of the PSA . You are **needed** and welcome to get actively involved at any time and to attend monthly meetings. Email address is [letnspsa2017@gmail.com](mailto:letnspsa2017@gmail.com)

The PSA had a very successful meeting this morning, thank you to all who attended. There are a number of exciting projects you are invited to get involved in

1. **Library** - the generous donations of books are greatly appreciated and continue to be welcomed. Also any items of furniture or posters for the walls. Most important and valuable is your time and skills if you would like to join a small group of volunteers for this project please contact the school office or Fiona Gallagher Ekici tel: 0838634770
2. **Community Cookbook**- the children have been learning a lot about food & nutrition this week as part of Operation Transformation. We are trying to gather recipes and artwork for inclusion in a school community cookbook. Please send your family favourite recipe for a starter, snack desert or main Meal - all contributions and ideas welcome to [letnspsa@gmail.com](mailto:letnspsa@gmail.com)

We also need help to compile and print this book anyone in the community who would like to volunteer their graphic design skills and /or experience with such a project please contact Louise Ozbay Tel: 0879123512 or Lisa HSCI [hsc1@letns.com](mailto:hsc1@letns.com) or leave your details with Edwina at the school reception.

Many Thanks  
PSA

### **Open Day**

We will be holding an open day on Tuesday 6<sup>th</sup> February from 10am - 2pm. This will be an opportunity for *anyone* from the community who would like to come and see our new school. All of our parents are also very welcome to attend the open day too!

### **Enrolments**

The first round of offers for places in our Junior Infant classes have been sent today. If you already have a child in the school please check their school bag for this letter. The acceptance/decline form must be signed and returned with two weeks.